



78TH BC SURGICAL SOCIETY ANNUAL SPRING MEETING

April 9 - 11, 2025

Kelowna, BC

Delta Grand Okanagan Resort

WELCOME MESSAGE



Dr. Magda Recsky

President

Dear Friends,

Welcome to our 78th BC Surgical Society Annual Spring Meeting. We are excited to welcome you and share this time together in my beautiful hometown of Kelowna!

Over the course of the year leading up to our Annual Meeting, we have been working on making it an ongoing place for camaraderie and learning. For me, this has been an especially challenging year both personally and professionally. As a result, I have spent more time reflecting on my journey to be a better surgeon and a better person. Being cognisant of the challenges that develop over the course of our careers, I also recognize that we all experience the joys, sorrows, regrets and satisfaction at unique stages. With this in mind, we have a special guest speaker this year - Gillian Mandich. Gillian is a Canadian researcher with an expertise in the science of happiness. She will review with us evidence-based strategies that can be used to enhance well-being, while recognizing the demands of a surgical profession and its emotional and intellectual challenges. While we may all be at different stages of our journey, the resilience that our lives require is relevant to us all.

With learning in mind, over the two previous meetings, we have added an additional education day prior to the official BC Surgical Meeting. This started with the Oncoplastic Workshop at the 76th meeting and the Advanced Endoscopy Workshop last year. This year we have shifted course slightly and have partnered with the BC Cancer Agency Annual Spring Update to bring you a Practical Oncology Update. This will include talks from experts in the fields as well as case discussions that are applicable to surgeons across our province. There will also be further oncologic applications with a session on the practical application of Opportunistic Salpingectomy from Dr. Heather Stuart.

As access to information becomes easier, patients are coming to us with specific knowledge about their surgical pathology. With this transition, it is becoming increasingly more challenging to guide our patients along a treatment pathway. Our debate tradition will continue this year with a focus on Surgical Decision Making: Patient Autonomy vs. Evidence-Based Surgery. As always, we look forward to a healthy discussion and debate!

Our meeting will be followed by the BCSS and Section of General Surgery AGMs.

The Executive and I are very excited to host this meeting and feel privileged to be a part of a unique surgical community who comes together for learning, support and of course each other's company.

Magda

Dr. Magda Recsky, President

BCSS EXECUTIVE 2024-2025



Dr. Magda Recsky
President



Dr. Kathleen Garber
President Elect



Dr. Dan Jenkin
Past President



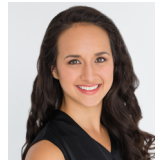
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Our 2025 Guest Speaker

Speaker: Dr. Gillian Mandich

Topic: The Science of Happiness: Building Resilience and Enhancing Well-Being for Surgeons

Description: The demanding nature of a surgical career, compounded by the emotional and intellectual challenges inherent in the field, can lead to burnout, disengagement, and a diminished sense of personal well-being. Recent advances in the science of happiness provide valuable insights into how surgeons can cultivate resilience, sustain professional engagement, and balance the competing demands of career, personal life, and ongoing learning. In this lecture, Dr. Gillian Mandich will explore empirical research on happiness and well-being, focusing on its application within the context of surgical practice. Participants will examine evidence-based strategies to enhance their own well-being, foster a positive work environment, and integrate these principles into medical education to support the development and motivation of residents and students.



Dr. Gillian Mandich

CedarCreek Winery



BCSS Annual Awards Banquet: Thursday April 10, 2025

We are thinking outside the box this year...and outside the hotel too! Get ready to raise a glass and your spirits as we gather at the stunning CedarCreek Winery for this year's conference off-site venue.

Imagine networking with friends and colleagues while surrounded by breathtaking vineyard views and the rich aroma of fine wines. CedarCreek offers the perfect backdrop for inspiration and collaboration, with its beautiful setting encouraging both creativity and camaraderie.

PROGRAM AT A GLANCE

Wednesday, April 9, 2025

7:30 AM - 3:15 PM BC Cancer Surgery Network Spring Update 2025

6:00 - 8:30 PM Welcome Reception @ Delta Grand Okanagan Resort

Thursday, April 10, 2025

7:30 AM Breakfast

8:45 AM Scientific Session 1

9:45 AM Scientific Session 2 - Videos

10:30 AM Coffee Break

11:00 AM Guest Speaker: Dr. Gillian Mandich

12:00 PM Tradeshow Lunch

1:00 PM Scientific Session 3 - Quick Shots

2:00 PM Scientific Session 4

2:30 PM Coffee Break

3:00 PM Scientific Session 5 - Presentations

4:00PM Closing Remarks

6:15 PM Buses leave for Winery

6:30 PM Awards Banquet @ CedarCreek Winery

Friday, April 11, 2025

7:30 AM Breakfast

8:00 AM Guest Speaker: Dr. Douglas Motomura

8:30 AM Debate Session

9:45 AM Coffee Break

10:15 AM Scientific Session 6

10:45 AM Guest Speaker: Dr. Heather Stuart with Dr. Gillian Hanley

11:45 AM Tradeshow Prizes

12:00 PM Society and Section Lunch

12:30 PM Society AGM

1:00 PM Society AGM

Wednesday, April 9th, 2025

BC Cancer Surgery Network Spring Update 2025

7:30 AM - 3:15 PM

Management of Regional Nodes & Updates on Rare Cancers: What Do I Need to Know?

Join us on Wednesday, April 9th for the 2025 Spring Update, which will provide insights into regional node management, the impact of neoadjuvant treatment, and updates on rare cancers across disciplines. The Update will be hosted in-person at the Laurel Packinghouse in Kelowna, BC, with catering provided.

Each year the BC Cancer Surgery Network develops, organizes, and hosts a medical education program, known as the Update, profiling a specific area of cancer surgery and care. This all-day course is fully accredited by the University of British Columbia's Division of Continuing Professional Development. Featuring expert speakers, the Update is designed to improve surgical oncology practice and knowledge by providing the most current information in the field.

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Welcome Reception @ Delta Grand Okanagan Resort

6:00 pm - 8:30 pm



Join us for our welcome reception on Wednesday, April 9th! Enjoy complimentary drinks and appetizers as you reconnect with friends and colleagues in a relaxed atmosphere.



April 29 - May 3, 2026
Fairmont Chateau Whistler

7:30 AM	Registration
7:30 AM	Breakfast
8:45 AM	Scientific Session 1
8:45 AM	<i>Disease-Free Survival After Non-Operative Management For Rectal Cancer: A Canadian Institutional Experience</i> Z. Baig A. Ghuman A. Karimuddin T. Phang E. Clement M. Raval E. Kennedy C. Brown
9:00 AM	<i>Same-Day Discharge after Elective, Minimally Invasive Colectomy: Preliminary Results from a Single Center Experience.</i> N. AlNasrallah V. Baronas Z. Sagorin S. Sampath
9:15 AM	<i>University of British Columbia 30-Year General Surgery Residency Evaluation</i> C. Kamani E. X. Zhang Z. Sagorin* V. W. L. Tsang T. Scott** A. K. Karimuddin**
9:30 AM	<i>Towards Artificial Intelligence-Driven Rescue Strategies: Systematic Review of Risk Prediction Models in Acute Care Surgery</i> A. Lee M. Chan D. Narayanan S. Morad Hameed**
9:45AM	Scientific Session 2 - Videos
9:45 AM	<i>Proximal gastrectomy for gastric cancer in the proximal stomach</i> N. Mitrou A. Meneghetti**
9:55AM	<i>Laparoscopic Intracorporeal Hand-sewn Colo-colonic Anastomosis</i> N. AlNasrallah S. Sampath
10:05 AM	<i>Laparoscopic transabdominal preperitoneal (TAPP) repair with sutured mesh fixation for inguinal hernia</i> N. AlNasrallah S. Sampath
10:15 AM	<i>Laparoscopic left hepatectomy with repair of IVC injury</i> V. Baronas* P. Leung M. Webb R. Gilbert G. Oldani**
10:30 AM	Tradeshow & Coffee Break
11:00 AM	Guest Speaker Dr. Gillian Mandich Topic: The Science of Happiness: Building Resilience for Surgeons Objectives: <ul style="list-style-type: none">• Discuss unique challenges causing surgeon burnout.• Present happiness science findings relevant to surgery.• Share evidence-based resilience-building strategies.• Explore work-life balance methods for surgeons.• Highlight how well-being improves the surgical work atmosphere.• Show benefits of well-being for medical education.
12:00 PM	Tradeshow & Lunch
1:00 PM	Scientific Session 3 - Quick Shots
1.	<i>Factors Associated with Blunt Cardiac Injury at Vancouver General Hospital: Thoracic Spine Fracture is a Novel Associated Injury in Nearly a Third of Patients</i> C. Schweitzer J. McKay E. Joos**
2.	<i>Comparison of Y90 vs SBRT for Locoregional Treatment of Hepatocellular Carcinoma Prior to Liver Transplantation: a comparison of pathologic and survival outcomes</i> M. Webb U. Khalid J. Bassi T. Yan S. Ho D. Liu E. Dunne M.S. Bleszynski**

3. *Factors influencing colorectal anastomotic leaks at a regional hospital*
M. Horkoff H. Hwang
4. *Localization procedure for breast lesions at the time of biopsy – which patients would benefit?*
**A. Bazzarelli S. Carr* M. Samiee E. McKeivitt R. Warburton
J. Newman-Bremang M. Deban J. Pao C. Dingee,**
5. *Robotic abdominal wall reconstruction decreases total post-operative opioid exposure, not daily opioid use, compared to open approach: The Retrospective HErnia Repair and Opioids*
**S. Yang J. Chiu Y. Yang R. Guan Y. Zhang A. Meneghetti
R. Hennessey****
6. *Inflammatory breast cancer response to modern neoadjuvant chemotherapy: Tumor response and survival outcomes*
**D. Mousa-Doust A. Bazzarelli M. Deban* C. Dingee J. Newman-Bremang
J. Paoa R. Warburton E. McKeivitt****
7. *A Population-based Comparison of Wait-times for Common Elective General Surgery Procedures between Immigrants and Non-Immigrants in British Columbia*
M. Gao C. Li J. Sutherland A. Karimuddin**
8. *Perceptions and preferences of general surgery residents and attending surgeons towards laparoscopic training: A resident and attending survey*
D. Mousa-Doust R. Liu Hennessey**

2:00 PM Scientific Session 4

- 2:00 PM *Design and Validation of a Low-Cost Modular Simulator for Training in Neonatal Laparotomy and Atresia Repair*
A. Mashat R. Yeung A. Banga D. Kwon R. Tam S. Joharifard**
- 2:15 PM *A value-based health care approach to tertiary hyperparathyroidism improves outcomes and lowers costs.*
S. Yang S. Jackson A. Melck**

2:30 PM Tradeshow Coffee Break

3:00 PM Scientific Session 5 - Presentations

- 3:00 PM *Comparison of survival outcomes and recurrence among breast cancer patients: breast-conserving surgery vs. medically necessary and patient preference mastectomy*
**C. Lui R. Warburton JS. Pao C.Dingee A. Bazzarelli
E. McKeivitt****
- 3:15 PM *Quantifying Variability in Surgeon Pick-Lists and True Usage of Prepared Surgical Equipment Sets for Uncomplicated Acute Care Surgeries*
A. Logan S. Ambrose I. Zivkovic C. Chan A. MacNeill**
- 3:30 PM *Postoperative incisional hernia rates comparing midline vs Pfannenstiel extraction site for laparoscopic right hemicolectomy with intracorporeal anastomosis*
D. Zeng Z.Sagorin S. Ambrose I. Zivkovic C. Chan A. MacNeill**
- 3:45 PM *Establishment and implementation of a breast cancer survivorship clinic*
**C. Liu E. McKeivitt R. Warburton J. Pao C. Dingee A. Bazzarelli
J. Newman-Bremang M. Deban****

4:00 PM Closing Remarks

6:15 PM Busses Leave for Winery

6:30 PM Reception and Awards Banquet

Friday April 11, 2025

7:30 AM **Registration**

7:30 AM **Breakfast**

8:00 AM **Guest Speaker: Dr. Douglas Motomura**

Topic: Screening and Detection of Early Gastric Cancer

8:30 AM **Debate Session**

Surgical Decision Making: Patient Autonomy vs. Evidence-Based Surgery

Moderator: Dr. Magda Recsky

Debaters: Drs Dan Jenkin and Rebecca Warburton

As access to information becomes easier, patients are coming to us with specific knowledge about their surgical pathology. With this transition, it is becoming increasingly more challenging to guide our patients along a treatment pathway. It is with this in mind that we debate surgical decision making and the role of evidence and patient preference.

9:45 AM **Tradesow & Coffee Break**

Scientific Session 6

10:15 AM *The Boiling Frog Syndrome: Deteriorating wait times for breast cancer patients at a regional hospital in BC, 2013 versus 2023*
H. Hwang

10:30 AM *Comparing long-term rates of subsequent lysis of adhesions and incisional hernia repair following open versus laparoscopic surgeries based on provincial billing data*
H. Hwang

10:45 AM **Guest Speaker Dr. Heather Stuart**

Co-presenter Dr. Gillian Hanley

Topic: Opportunistic salpingectomy for the prevention of Ovarian cancer: A primer for General Surgeons

Objectives:

- Cover the rationale for OS
- Present the description of the consent process
- Share technical videos for performing OS
- Talk about discussions around billing and privileging as well as trouble shooting

11:45 AM **Closing Remarks & Tradeshow Prizes**

12:00 PM **Society and Section Lunch**

12:30 PM **Society AGM**

1:00 PM **Section AGM**

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1947-48 Dr L. Appleby	1985-86 Dr J. E. Hunt
1948-49 Dr T. H. Lennie	1986-87 Dr B. K. Cutler
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- 2012 Dr Quan-Yang Duh
- 2013 Dr Andy Smith
- 2014 Dr Susan Reid
- 2015 Dr Robin McLeod
- 2016 Dr Carol-anne Moulton
- 2017 Dr Adrian Park
- 2018 Dr Christopher Schlachta
- 2019 Dr Sulaiman Nanji
- 2020 Canceled due to Covid-19
- 2021 Dr Najma Ahmed (virtual)
- 2022 Dr Abdullah Saleh
- 2023 Dr Muriel Brackstone
- 2024 Dr Amin Madani

Industry

Acknowledgements

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